

## **USEP-OHIO Program Resources**

United Services for Effective Parenting-Ohio, Inc. has selected the following resources to provide professionals and parents with current programs and products that support the critical work they do to nurture children in their care. Our mission is to promote the well-being of families and to support those who work to nurture Ohio's children by developing human and financial resources and programs to that end.

<u>www.usep-ohio.com</u> our website including information for parents, early childhood professionals, specialty programs, safety issues and more. Access to Parent Tips and E-Updates.

## Emailed Publication: The USEP-OHIO E-Update comes directly to you! Just signing up gets you this including:

**USEP-OHIO** "Parent Tips" - to support your work as teaching professionals. Tips can be emailed directly to professionals and used to educate and support the parents they serve, or distributed as education handouts, conversation starters, newsletter articles or method of staying "in touch".

**USEP-OHIO "Parent and Educator News"** – including a variety of topics targeting physical, social, emotional, intellectual development birth through adolescent. Occasional special topic issues focus on early childhood, schoolaged children, adolescents, parents and professionals.

**"Education Updates"** – that contains tips for program support and the latest news from the Ohio legislature, State Board of Education, Washington, DC, and a variety of reports on research, what's ahead in the education picture from Ohio sources and the federal programs for children.

USEP-OHIO "Training Events and Resources" – listing events, resources, websites and programs.

## Resources available from USEP-OHIO - at conferences or email orders usepohio@usep-ohio.com:

**Watching Your Child Grow** – Notebook that includes a set of 8" X 11" color posters depicting child development, birth to 24 months and a set of B&W posters. May be copied and/or enlarged. Excellent for use with GRADS, child development, or parenting students.

**Discover Parenting Project** – Secondary school project explores how to be a safe and responsible parent. Opportunity to enter statewide photo exhibit, action project, compete for cash awards. Classroom manual available. Sign up today.

**Healthy Start Grow Smart** – CD includes detailed information on infant development and care birth through age 1. 13 chapters including text and beautiful color pictures. Printable. GRADS FCS standards met for early development.(downloadable English/Spanish www.usep-ohio.com)

**Kids in the Car - With Grandparents and Others who Care** – This safety kit/project focuses on seat restraints and car safety. Short Power Point or poster presentation great as action project to reach community. Copy to share manual, posters, presentations. Everybody needs this! (posters and information downloadable at www.usep-ohio.com)

**DVD's to complement your GRADS or parenting class -** Berry Brazelton, on discipline and relationships (includes limit setting, gentle approaches, managing emotions, punishment); Gloria Estefan on safety (includes at home and outside, in the car, eating, sleeping, bathtime, gun safety; Ray Romano hosts critical fatherhood discussion. These DVDs courtesy of USEP-OHIO grant to EC & FCS educators.

Email usepohio@usep-ohio.com to add email addresses to our list, to give us feedback about how the information works for you, or for other topics, publications and programs. 4 11